

# Holderness Recreation 2009 Swimming Lessons Registration Form

Swimming for kids will be offered for two-weeks Monday - Thursday through the Holderness Recreation Department. **Wk 1 will be July 20<sup>th</sup> – 23<sup>rd</sup> and Wk 2 will be July 27<sup>th</sup> – 30<sup>th</sup>.** Lessons are offered for children ages 4 years and up. Classes run for ½ hour each day. The first day is a skill test day for the instructor to determine which level your child should be in. The cost for the two-week program is \$47 for residents and \$57 for non-residents. Please make checks payable and mail to Holderness Recreation Department, P.O. Box 203, Holderness, NH 03245. Registration forms are available at [www.holderness-nh.gov](http://www.holderness-nh.gov), Town Hall, and the Post Office. For more information, please call Wendy Werner at 603-968-3700

<b>Participant's Name:</b>	<b>Date of Birth:</b>
<b>Age:</b>	Swimming: Level (if known)
<b>Mailing Address:</b>	<b>Town:</b> <b>State:</b>
<b>Physical Address:</b>	<b>Town:</b> <b>State:</b>
<b>Home Ph:</b>	<b>Work Ph:</b>
<b>Email:</b>	
<b>Allergies / Medical conditions medications:</b>	
<b>Emergency contact:</b>	<b>Phone:</b>
<b>Parent Guradian:</b>	<b>Home Ph:</b> <b>Cell Ph:</b> <b>Work Ph:</b>

## Holderness Recreation Release Of All Claims

I certify that I am the parent / legal guardian of \_\_\_\_\_, age \_\_\_\_\_ and that I am entitled to his/her custody and control and I do hereby give my permission for said child to participate in aquatic activities. I further certify that said child is of good health and has no physical or other impediment which would endanger him / her from participating in such activity / program.

In consideration of the above named participant being permitted to take part in the Holderness Recreation Swimming Lessons, I hereby release for the participant, myself, and my heirs, any and all claims for damages arising from the negligence of the Town of Holderness, its agents, employees and volunteers that is alleged, now or in the future, to have caused injury or damages to the participant and which occur during this recreation program.

I also understand and acknowledge that swimming is an inherently dangerous activity, which may lead to serious injury.

I hereby agree to indemnify and save harmless the Town and the above identified individuals from any loss, injury, liability, damage or cost that they may incur arising from the participant's presence at or participation in the recreational swimming program, whether caused by the negligence of the Town or these individuals, or otherwise.

I recognize there may be inherent dangers in participating in a Recreation Program, which may present strain on the body and its parts, and furthermore, I represent to the best of my knowledge, the participant is in proper physical condition to allow participation. I assume all risks associated with participation in this program.

I understand that, in case of an emergency, Holderness Recreation will attempt to contact the person identified as the "emergency contact". In the event of a medical emergency, I consent to the participant's treatment by a medical doctor and I agree to be responsible for all costs associated with said treatment, including transportation to a medical facility.

I also understand that Holderness Recreation may take pictures of my child while enrolled in this program and that these pictures maybe used by Holderness Recreation for advertisement and Day Camp promotions I give my permission for my child's picture to be taken and photos to be used by Holderness Recreation.

I the undersigned, here read this release and understand all its terms and implications. I hereby execute this release of my own free will and with full knowledge of its significance.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please Print Name:**

\_\_\_\_\_

### **ALL SWIMMERS:**

On the first day of the program, everyone should arrive according to age in the appropriate time slot. Swimmers ages **4 & 5 @ 11:30 AM**. Swimmers ages **6 & 7 @ 12:30 PM** and Swimmers ages **8 and up 1:30 PM**. During this time period, swimmers will be evaluated for their level and lesson times will be assigned for the remainder of the two-week session.

### **NON-RESIDENTS:**

**Please arrive 15 minutes prior to your lesson and depart 15 minutes after your lesson.** We ask that you not come to the beach for an extended period of time prior to your lesson or following your lesson, as it is reserved for residents and taxpayers of Holderness. We have a small parking area and are trying to accommodate as many as possible. Thank you in advance for your cooperation!